

neck&shoulder massage system - our wrap-around jet configuration targets pressure points of the neck & shoulder areas; reaching deep into muscles where tension is often held. Four powerful jets, that can be individually adjusted for water volume & flow direction, provide a therapeutic and relaxing massage.

reflexology footcell - based on the theory that stimulation of pressure points within the soles of your feet will benefit your entire body, we have strategically positioned jets to create the ultimate massage system. Whilst supporting your feet & lower legs, our 'at rest' angled foot support will treat your aching feet to a 'foot rub' that never has to end.

oxygen detox 'bed of bubbles' - together with the powerful hydrojet massage, this air jet system relaxes, not only your muscles, but your entire body, nervous system and even your mind. It also promotes healthy circulation, stomach digestion, lung function and can help your lymphatic system get rid of toxins and waste which may reduce the appearance of cellulite.

reduce back & neck pain - immersion in water substantially reduces the weight-bearing effects of gravity on the lower extremities and spine. Back & neck pain can be significantly reduced by the turbulence of your spa water as your body is supported in a weightless state by the aerated jet streams.

arthritis - the warm water of a spa pool is a safe, supportive aid to relieving the pain and stiffness of arthritis. Your body becomes almost weightless as it's submerged in water, helping to ease discomfort caused by stiff joints, keep them moving, increase their range of motion and maintain muscle strength.

diabetes - an increasing percentage of our population deal with the effects of diabetes on a daily basis. Studies show that physical activity can help control your blood glucose, blood pressure and blood cholesterol. If regular exercise is not always possible, a spa pool can simulate the beneficial effects of exercise.

do you sleep well? - A good nights sleep is vital to our overall health and well-being and still, millions of people either do not get enough sleep or suffer from other sleep related problems. The warm water and relaxation effect of a spa pool may provide a natural remedy for a restful, full nights sleep.

elderly&rehabilitation - with the assistance of our support bar, those of you requiring help with stability can still use a swim spa with confidence. Any exercise, stretch or mild cardio workout can just as effectively be performed whilst holding the bar, mounted in front of the swim jets, for support.

achieve optimum health

We are dedicated to helping you achieve optimum health.

Most of us build up tension through our postural muscles and the muscles of our back, neck and shoulders. These muscles will often feel worse with rest; they actually respond much better to massage and movement to alleviate stiffness and support the healing process. Our swim spas provide a supportive environment for gentle remedial stretches and exercise, protecting muscles with the warm water of your spa.

Spa jets can also be powered up, creating resistance to target muscles and joints that need work to regain strength. The fully adjustable resistance from the bank of swim jets creates instability, to engage core muscles. Core strength will help correct your posture, realign your frame and provide a healthy body to support you throughout your daily life.

Most land-based therapy is in the frontal plane, whereas in the swim spa you can move side ways and laterally, facilitating multi-directional movement. Working against the resistance of the swim jets, in parallel with the pressure of the water, treats and trains your muscles from all directions simultaneously. Simply standing side on to the jets, offsets your centre of gravity to engage a much broader range of muscles. This unconventional movement allows for holistic strengthening of your entire body.

Our stainless steel support bar, positioned above the bank of swim jets, is always on hand to provide added assistance when you need it.

